

## Employee Health Guidance

CDC continues to recommend you stay home as much as possible and practice social distancing. Traveling to visit friends and family increases your chances of getting and spreading COVID-19. It is possible for someone to have COVID-19 and spread it to others, even if they have no symptoms.

### Stop the Spread of Germs

- Social Distance – stay at least 6 feet apart
- Cover your cough or sneeze, wash your hands
- Wear a face covering in public
- Do not touch your eyes, nose, and mouth
- Clean and disinfect frequently touched surfaces
- Stay home when you are sick
- WASH your HANDS often with soap & water

### Do I need to self-quarantine?

Someone I live with has symptoms of illness

No, you may work but monitor yourself for symptoms and continue to use universal masking and good hand hygiene

For household contact: Contact the Hotline at 920-746-3700 if symptoms are consistent with Covid-19: *cough, fever, sore throat, headache, body aches, fatigue or loss of taste or smell*

If Household contact is found to be Covid-19 positive:

- Employee should contact ES&D, Supervisor and Employee Health
- Employee must self-quarantine for 14 days from the date of your last contact with the infected individual and should self monitor for symptoms

**NOTE:** Any Asymptomatic Healthcare provider testing positive for COVID-19 will need to quarantine for 10 days from the date of testing and contact EH prior to return.

Dated: 5/18/2020

I have symptoms of illness

- Contact Supervisor to notify of illness
- Contact Employee Health (EH) at \*3725 to determine if testing for Covid-19 is needed

**YES**

Contact Hotline at 920-746-3700 to schedule testing

Employee must stay home until Covid-19 results are received

EH will notify ES&D of the testing

ES&D will notify the employee and supervisor about benefits during testing

\* EH will notify Employee and ES&D of negative results  
\* Dr. Heise will notify employee of positive results

ES&D will contact:  
\* the supervisor about return to work date  
\* the employee about return to work date & benefits

If Covid-19 positive – cannot return to work until fever free without fever reducing medications for 3 days (72 hours) **and** improvement in respiratory symptoms, **and**, at least 10 days have passed since symptoms first appeared

Contact EH prior to returning to work

**NO TESTING NEEDED**

Follow Employee Illness policy in PolicyStat for guidance on when to return to work